

Theme: with Honors!  
Lesson 1: I Can Choose My Hero!

*Team Assignments*

JUMP START!

**Who's Your Hero?**

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BIBLE VERSE

**Hebrews 6:12**

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TRUTH!

**I Can Choose My Hero!**

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PREACH IT!

**David Becomes A Hero**

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SHOW IT!

**Does He Measure Up?**

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**Become The Message**

After you have studied and prayed for this message, you shouldn't have to look at too many notes. For your benefit, here is a quick "flow of the message" or "outline" for you to follow (either for your team assignments or your personal outlines.)

Other Notes:

Wednesday: Play the "Who's Your Hero" video  
Break into small groups for discussion time

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## JUMP START!

### Who's Your Hero?

Have some pictures of people that others often see as a "hero." Contrast two celebrities' lives by what fruit came from their fame and fortune. Should we follow someone just because they're rich and famous? How about cartoon heroes (Spiderman, Superman, etc...). Should we imitate the life of someone who isn't even real? Contrast two people from the bible (Peter's life vs. Samson's life). Do we want to follow people just because they say they're Christians, or do we follow people whose lives truly are being led by Jesus. Show a picture of a "mom and dad." Should parents be a hero in our life? Whose life should we try to imitate every single day? (Jesus!)

"That's what we're going to be talking about this week. We need to find true heroes that we can imitate. We need to wisely choose who it is that we're going to look up to. I Can Choose My Hero!"

### Needs:

#### Pictures of:

- Celebrity
  - Good
  - Bad
- Cartoon Heroes
- Bible Heroes
  - Good
  - Bad
- Parents

## BIBLE VERSE

### Hebrews 6:12

"We do not want you to become lazy, but to imitate those who through faith and patience inherit what has been promised!"

NIV

## TRUTH!

### I Can Choose My Hero!

- Everybody say, "I can choose my hero!"
- Not just anyone should be a "hero" in our lives.
- We need to find people that are living according to the Word of God.
- The Holy Spirit will show us who should be our hero!

## PREACH IT!

### David Becomes A Hero 1 Samuel 17

Take time to discuss the things David did even as a child to prepare him for this battle with Goliath.

- Spent quiet time studying God's Word.
- Spent time practicing with a sling-shot.
- Protected the sheep he had been placed over from a bear and a lion.
- Knew if God would protect him from a bear and a lion, God could certainly protect him from an unbelieving giant.
- Did things the way he knew was best to do them, not the way others wanted him to do things.
- Stood up for what he knew was right.

## SHOW IT!

### Does He Measure Up?!

Say something like, "If I want to measure something, should I use my shoe?" Measure a child and say, "O.K., Johnny is five shoes tall. Is that correct? What if I use (child's name) shoe, (measure). Oh, look. Now he's 10 shoes tall. Is that how you measure things, with a shoe? No. What do you use to measure things with. Oh, a ruler. That's right. Can I make up my own ruler? Look, according to my ruler, Johnny is 6 inches tall. Is that correct? No? You're right. We have to use a ruler that always has the same measurements. We can't make up our own ruler.

We'll, if I want to see how someone measures up as a hero, what should I use? (Take some ideas). The Bible is the 'ruler' we should use when deciding who's a hero. We can't make up our own idea of who should be a hero. The Bible says we need to imitate those who "through faith and patience" inherit what has been promised — eternal life, a life of kindness and goodness, a life of living for Jesus. That's who's a true hero, and you get to choose your hero!"

#### Needs:

- Yard Stick
- Pretend ruler
- Your shoe
- Child's shoe